

Dr. Alexis Clarke, BSc, DClInPsy, QiCN
Clinical Neuropsychologist (Supervised Practice)

Experience:

- 2019 - Present **Registered Clinical Neuropsychologist (Supervised Practice),**
Brainworks, Huntsville, ON
- Psychological and Neuropsychological consultation, assessment and treatment
- 2017 - 2018 **Clinical Neuropsychologist, Psychology Service KK Women's and Children's Hospital, Singapore**
- Neuropsychological assessment and cognitive rehabilitation within paediatric oncology service
 - Provision of psychological interventions for management of post diagnosis difficulties with children and families
 - Co-lead on evaluation of Psychosocial and Supportive Care Programme (PSCP) and design/implementation of cognitive late-effects pathway, which included psychological screening and design of cognitive rehabilitation interventions
- 2009 - 2017 **Clinical Neuropsychologist, Community Stroke Team, Royal London Hospital, London, UK.**
- Community rehabilitation and management of psychological difficulties post stroke
 - Consultation and training to staff across disciplines and leading on service development projects regarding psychological aspects of stroke care
 - Supervision and line management of qualified and Trainee Clinical Psychologist
- 2014 - 2017 **Research Fellow, School of Psychology, Plymouth University, Plymouth UK.**
- Research into altruistic kidney donation using qualitative methodologies
 - Co-applicant on two successful research bids
 - Developing funding applications and production of high quality project outputs

- 2014 - 2015 **Highly Specialised Clinical Psychologist**, Regional Rehabilitation Unit, Northwick Park Hospital, London, UK.
- Offering quality neuropsychological rehabilitation as part of the interdisciplinary team
 - Consultation and training to staff across disciplines and leading on service development projects on cognitive rehabilitation and family support
 - Supervision of Assistant and Trainee Clinical Psychologists
- 2012 - 2014 **Principal Clinical Psychologist**, Neuro Rehabilitation Unit, Mount Gould Hospital, Plymouth, UK.
- Working as part of the interdisciplinary team to offer neuropsychological rehabilitation in a post acute unit
 - Including neuropsychological assessment, formulation, brief-psychotherapy and cognitive rehabilitation
 - Consultation and training to staff across disciplines
 - Supervision of Assistant and Trainee Clinical Psychologists
- 2013 - 2014 **Principal Clinical Psychologist**, Community Neuropsychology Service, Torbay Hospital, South Devon, UK.
- Held outpatient clinics working with a broad population of patients with neurological conditions
 - Provided assessment and offered a wide range of interventions, including cognitive rehabilitation, individual psychotherapy and systemic interventions (couple/family work)
 - Worked closely with other members of the multi-disciplinary team in the community and provided consultation
- 2012 - 2013 **Associate Research Fellow**, Peninsula Medical School, Exeter University, Exeter, UK.
- Preparing and obtaining successful research funding bids
 - Developing research group and facilitating patient public participation (PPP)
 - Preparing papers for publication
- 2011 - 2012 **Clinical Psychologist**, The Oliver Zangwill Centre for Neurorehabilitation, Princess of Wales Hospital, Ely, UK.
- Interdisciplinary team working as part of an outpatient rehabilitation team
 - Delivered group interventions, individual psychotherapy and cognitive rehabilitation. Led family support strand of program
 - Teaching and training as part of local and national training courses

- 2008 - 2011 **Trainee Clinical Psychologist**, Plymouth University, Plymouth, UK.
- Developed sound skills in psychological assessment, formulation, intervention and evaluation by completing a wide range of clinical placements
 - Specialized in health and neuropsychology, gaining placement in final year at the prestigious Oliver Zangwill Centre for Neurorehabilitation
 - Co-founded Plymouth University Altruistic Kidney Donation research group

Education:

- 2012 - 2015 **Qualification in Clinical Neuropsychology**, (QiCN) British Psychological Society
- 2008 - 2011 **Doctorate in Clinical Psychology**, University of Plymouth, Plymouth, UK.
- 2002 - 2005 **Physiology and Psychology BSc (Hons)**, Cardiff University, Cardiff, UK.

Certifications:

- 2019 - Present *Registered Psychologist (Supervised Practice)*
College of Psychologists of Ontario
Certificate # 10006022

Professional Memberships:

- College of Psychologists of Ontario (supervised Practice)
- On specialist Register of Clinical Neuropsychologists (Division of Neuropsychology of the British Psychological Society)
- Chartered Psychologist (British Psychological Society) (C.Psychol)
- Registered Clinical Psychologist with Health Professions Council (HPC)

Publications:

Clarke, A., Mitchell, A., Williams, L., Kirk, A., Auburn, T., Price, L., Shorrocks, J. & Chester, L. (2019). **Key Experiences of Primary Social groups in Unspecified Kidney Donation**. *Journal of Renal Care*. DOI:10.1111/jorc.12276

Gare, R., Gogalniceanu, P., Maple, H., Burnapp, L., Clarke, A., Williams, L., Mamode, N. (2017) **Understanding barriers and outcomes of unspecified (non-directed altruistic) kidney donation from both professional's and patient's perspectives: research protocol for a national multicentre mixed-methods prospective cohort study**. *BMJ Open*, 7. doi:10.1136/bmjopen-2017-015971

Clarke, A., Mitchell, A. & Abraham, C. (2014). **Understanding Donation Experiences of unspecified (altruistic) kidney donors**. *British Journal of Health Psychology*. doi: 10.1111/bjhp.12048

Ashworth, F, Clarke, A, Jones, L, Jennings, C & Longworth, C. **An exploration of the compassionate mind approach after acquired brain injury (2014)** *Psychology and Psychotherapy: Theory Research and Practice*. DOI: 10.1111/papt.12037

Baker, E., Fee, J., Warren, Z., Clarke, A., Hewis, E. & Laughton, E. (2012). D. Alred and G. Drennan (Eds) **Evaluating Recovery of a Forensic Mental Health service using the DREEM**. In *Secure Recovery: approaches to recover in forensic settings*. Wilan. London.

Selected Conference Proceedings:

Invited Speaker-- St Jude VIVA Forum in Paediatric Oncology (SJVF) 2017 -Two lectures, Cognitive late effects and Resilience in Nursing Professionals

Unspecified kidney donors and their families and friends: a qualitative study exploring psychosocial context of donation. Clarke, A., Mitchell, A., Auburn, T., Kirk, A., Chester, L. & Abraham, C. 4th ELPAT Congress. April 2016. Rome, Italy.

Transplant professional's views on unspecified kidney donation. Clarke, A., Mitchell, A., Auburn, T., Draper, H., Gogalniceanu, P., Maple, H., Norton, S., Chilcot, J., Gibbs, P., McCrone, P., Burnapp, L., Mamode, N. 4th ELPAT Congress. April 2016. Rome, Italy.

Ashworth, F. & Clarke, A (2011). Symposium. **"Soothing the injured brain with compassion": Recent advances in the application of Compassion Focused Therapy to survivors of Acquired Brain Injury**. Division of Clinical Psychology Annual Conference, Birmingham.

Clarke, A, Ashworth, F, Jones, L, & Jennings, C (2012). **Understanding survivors of brain injuries' perspectives on the compassionate mind approach**. Poster Presentation at the Compassion Conference in Manchester; October 2012. **Conference Award: greatest contribution to the development of the field of compassion**

Ashworth, F, Clarke, A & Corfield, J (2012). **'Learning to be compassionate to my tricky brain': A case illustration of the compassionate mind approach after stroke**. In *Brain Injury 12. Proceedings of the International Brain Injury Association's 9th Congress on Brain Injury; 2012 March 22--24; Edinburgh, Scotland: 2012. P.724--725*.

Clarke, A. & Mitchell, (2011). **"It's not just about the kidney, it's about life"**. *The unspecified kidney donor's journey*. Biennial European Society of Organ Transplantation conference. Glasgow.

Grant Applications:

Health Services and Delivery Research Programme. £899,000. Unspecified living kidney donation in the UK: barriers to implementation and delivery. Mamode, N, Maple, H, Mitchell, A, Clarke, A, Ewings, P, McCrone, P, Norton, S, Chilcot, J, Burnapp, L, Draper, H and Hemmings, D. Awarded September 2014. April 2015-- April 2020.

British Renal Society & British Kidney Patients association. £28,990 Understanding barriers and enablers to altruistic donation in a social group context. Mitchell, A., Clarke, A., Abraham, C., Price, L., Hemmings, D., and Kirk, A. Submitted 31st October 2013. Awarded December 2013. October 2014 - November 2015.

Professional Development:

- | | |
|------|--|
| 2018 | Coach Certification - International Coaching Federation accredited training |
| 2016 | Framework Method Qualitative Analysis - NatScen-Social Research Association |
| 2016 | Focused Acceptance and commitment Therapy, Contextual Consulting |
| 2015 | FIMFAM Outcome measure training, UKROC |
| 2014 | Trainee clinical psychologist supervisors training, University of Plymouth |
| 2013 | Goal Attainment Scaling, Stewarts Law |
| 2013 | Human Brain Anatomy, Neurocourses |
| 2013 | Advanced Practitioner in Compassion Focused Therapy, Compassionate Mind Foundation |
| 2010 | Introduction to Compassion Focused Therapy, Compassionate Mind Foundation |
| 2008 | Foundation Course in Family Therapy, University of Plymouth |